

Report on World Iodine Deficiency Day Awareness Drive

Organized by: Student Club, J.S. University

Date: 21/10/2022

Participants: 62 Students

The Student Club of J.S. University organized an awareness drive on World Iodine Deficiency Day in 2022, with the participation of 62 students. The drive aimed to educate the community on the importance of iodine in preventing health issues, such as goiter and developmental disorders.

Activities:

- Awareness sessions on the role of iodine in maintaining thyroid health and preventing iodine deficiency disorders.
- Distribution of informative pamphlets highlighting iodine-rich foods and the benefits of iodized salt.
- Interaction with the local community to raise awareness about the importance of including iodine in daily diets.

The drive effectively spread knowledge about iodine deficiency and its prevention, encouraging healthier dietary habits among the participants and the community.



